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## Cape Town's Twelve Apostles Hotel the best in Africa and Middle East

Adding to its growing list of international accolades, Cape Town's Twelve Apostles Hotel and Spa has been voted the Top Hotel Spa in Africa and the Middle East in the *Travel + Leisure 2012 World's Best Awards*. The hotel was also ranked in the Top 100 Hotels overall, and awarded the third place on the list of Top City Hotels in Africa and the Middle East.



Survey results were based on ratings by the readers of *Travel* + *Leisure* in the following categories: rooms/facilities, location, service, restaurants/food, and value. Winners will be honoured at an awards ceremony in New York on 19 July, and the results will be published in the August issue of *Travel* + *Leisure* magazine.

"It's a wonderful reward after a major investment not only in terms of the renovations that

now provide excellent surroundings to our guests, but also in terms of selecting and training the therapists that provide professional services that contribute even more to the unique location of the Twelve Apostles," says Horst Frehse, general manager of The Twelve Apostles Hotel and Spa.



## Seven treatment rooms

<u>The Spa at The Twelve Apostles</u> underwent a complete transformation a year ago, to ensure and offer the ultimate in style and tranquillity. Natural muted tones of whites, beiges, stones and marble were chosen to exude a calming, light and spiritual ambience, where guests can succumb to the hands of expert therapists with treatments that heal, restore and pamper. It

features seven superbly-equipped treatment rooms for dual and single treatments with a hydrotherapy bath and rain showers, as well as a Rasul Chamber for traditional cleansing rituals using steam and mud. Other spa facilities include a Perfect Finish Salon for manicures and pedicures, a Tranquillity Lounge and Wild Lanyana Aromatherm Room for hydrotherapy treatments and a Vichy Shower, as well as two outdoor gazebos with panoramic mountain and sea views.



Focussing on holistic principles the Spa combines ancient wisdom with modern technology, and its' range of <u>Africa products</u> are inspired by the beautiful natural surroundings of all three Red Carnation Hotel Collection properties in South Africa, namely <u>The Twelve Apostles</u> <u>Hotel and Spa</u>, <u>Bushmans Kloof Wilderness Reserve & Wellness Retreat</u> and <u>The Oyster</u> <u>Box</u>.

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