

Dricus du Plessis' title win was a show of calm ingenuity during his biggest moment

By [Keanan Hemmonsby](#)

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Dricus du Plessis became the first South African ever to hold an Ultimate Fighting Championship (UFC) belt after defeating Sean Strickland for the middleweight title on Sunday morning, 21 January 2024.



Source: www.facebook.com

Mixed Martial Arts' (MMA) violent environment is, naturally, not often seen as a breeding ground for rationality and wisdom.

But, as his UFC journey so far proves, Du Plessis' intelligence and ingenuity earned him the UFC middleweight belt.

Read the full article by Keanan Hemmonsby at [Daily Maverick](#).

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